

The **Texas Police Chiefs Association's (TPCA) Officer Safety Committee** aims to reduce, if not eliminate, preventable line-of-duty deaths. TPCA's VINCIBLE program removes the "in" from "invincible" to remind officers that they are vulnerable. VINCIBLE uses five cornerstones (listed and explained below) to change deeply ingrained, risk-prone behaviors and ultimately reduce deaths and injuries. The Committee creates short PowerPoint presentations, usually based on recent, real-world examples. These PowerPoints can be used during shift change briefings to lay out the scenario and asks for a brief (10 minutes or less) discussion from officers.

**1**

**Slow Down.** Speed in preventable crashes continues to be a contributing factor in law enforcement.



**2**

**Wear Your Armor.** Some officers are still skipping their body armor. Wearing protective gear shouldn't be seen as optional, and doing so has been proven to save lives.



**3**

**Buckle Up.** There's no exemption in the seatbelt law for law enforcement officers, and the absence of a seatbelt continues to be a contributing factor in fatal crashes.

**4**

**Stay Fit.** Fitness for duty isn't just a box to check, it directly affects an officer's health, performance, and long-term safety. Poor fitness continues to negatively affect law enforcement officers.



**5**

**540.** The 540-concept originated with ALERRT's (Advanced Law Enforcement Rapid Response Training) concept of 360 degrees of protection around an officer or team, plus 180 degrees above or below the officer or team. Overall situational awareness is a core safety skill, and it goes well beyond what's directly in front of you.

LEARN MORE WITH THESE ADDITIONAL RESOURCES:

- [VINCIBLE](#): Visit the VINCIBLE website for information on making your department VINCIBLE, downloading Roll Call trainings, and receiving future weekly safety presentations.
- [TML Risk Pool STP Podcast](#): Episode 5 - Keep Your Police Officers Safe: TPCA's Vincible Program Podcast.